

Habits of the Heart Weekend Workshop

"...to promote what is appropriate and to secure undistracted devotion to the Lord."

1 Corinthians 7:35 NASU

"Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me — watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly." Matthew 11:28-12:1 THE MESSAGE

"...to know Him" Philippians 3:8-10

Session I

Desire – Discipline – Delight: My Story of Discovering Delight in God's Presence

(Psalm 16:11 – Psalm 36:7-8 – Psalm 84)

Overview of a Disciplined Life: Cultivating the Inner Life, by Terri White

Session II

God's Heart Toward Me: The Foundation of Delight

The Jesus Model: Living Life and Leading from the Secret Place

The Value of Solitude and Quiet Wonder

Sunday Morning

Maintaining a First Love Relationship with Jesus – Revelation 2:4

Session III

The Practical Tools of Discipline: Purposeful Solitude, Bible Reading/Study, Meditation

Journaling Clinic from John 10, Living Life from the Secret Place

Spending Time with God: The 15 Star Week

Resource: www.Bible-Reading.com 52 Week Bible Reading Plan

Session IV

Fresh Encounter Worship-Based Prayer Gathering The Delightful Hour With God

"... if My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land."

2 Chronicles 7:14-15 NKJV